

calendar week 41 - 05 - 09 October 2020

	MONDAY 5.10.20	TUESDAY 6.10.20	WEDNESDAY 7.10.20	THURSDAY 8.10.20	FRIDAY 9.10.20
<b>MENU A</b>	chicken nuggets with ketchup sauce (G,aw,c,g,i,k) carrot cubes (BIO) rice (BIO,FT)	<i>soup:</i> potato cream soup (aw,g,i) semolina porridge (a,g) with fruit sauce	vegetable wholegrain bratling with gravy (a,c,g,i,k) schwarzwurzel pasta (BIO,aw)	soy gyros with pepper-onions and tzatziki (aw,f,g,i) whole grain rice (BIO)	egg omelet (aw,c,g,i) cream spinach (BIO,g) salt potatoes (BIO)
<b>MENU B</b>	mushroom and vegetable pan (aw,g,i) rice (BIO,FT)	baked cauliflower with yoghurt sauce (aw,c,g,i) vegetable ebulgur (aw,i)	beef tomato ragout (BIO,R,aw,g,i) pasta (BIO,aw)	potato and carrots stew (BIO,aw,g,i) whole grain bread (aw,ar,g,h,i,k)	fish ragout in herb sauce (F,aw,d,g,i) salt potatoes (BIO)
<b>SIDE DISH</b>	fruit of the day (BIO)	cucumber salad	quark (BIO,g) with fruits	yoghurt (BIO,g) with strawberries	fruit of the day (BIO)

calendar week 42 - 12 - 16 October 2020 - Holiday

**HOLIDAY**  
We wish you all very nice holidays!

calendar week 43 - 19 - 23 October 2020 - Holiday

**HOLIDAY**  
We wish you all very nice holidays!

calendar week 44 - 26 - 30 October 2020

	MONDAY 26.10.20	TUESDAY 27.10.20	WEDNESDAY 28.10.20	THURSDAY 29.10.20	FRIDAY 30.10.20
<b>MENU A</b>	meat balls with majoran sauce (G,aw,c,g,i) green beans (BIO) rice (BIO,FT)	vegetable sticks with cheese sauce (aw,c,g,i,k) broccoli (BIO) pasta (BIO,aw)	herb quark (BIO,g,i) carrots (BIO) salt potatoes (BIO)	veggie schnitzel with gravy (aw,c,f,g,i,k) peas (BIO) whole grain rice (BIO)	fish nuggets with curry sauce (F,aw,c,d,g,i,k) corn (BIO) pasta (BIO,aw)
<b>MENU B</b>	vegetable curry (aw,g,i) rice (BIO,FT)	tomato vegetable ragout "Napoli" (BIO,aw,g,i) pasta (BIO,aw)	beef goulash with bell pepper stripes (BIO,R,aw,g,i) salt potatoes (BIO)	red lentils stew (aw,g,i) whole grain bread (aw,ar,g,h,i,k)	grilled vegetables pan (aw,g,i) pasta (BIO,aw)
<b>SIDE DISH</b>	fruit of the day (BIO)	apple and carrots salad	chocolate pudding (g)	yoghurt (BIO,g) with strawberries	fruit of the day (BIO)

Changes in menu plan are reserved! Single food components as long as stocks last!		<b>vegetarian</b>	<b>meat</b>	<b>fish</b>	(Bio) = organic food Bio certificate DE-ÖKO-070
<b>Marking Obligation Additives</b>		<b>Allergen Labeling</b>			<b>Food Ingredients</b>
1 with colorant	8 with phosphate	a cereals containing (-products)	h nuts	R beef	
2 with preservative	9 with sweeteners	b crustacean (-products)	i celery (-products)	S pork	
3 with antioxidant	10 contains phenylalanine	c eggs (-products)	j mustard (-products)	G poultry	
4 with flavor enhancer	11 with sugars, sweeteners	d fish (-products)	k sesame (-products)	F fish	
5 sulphurated	12 with sugar substitutes	e peanuts (-products)	l sulfur dioxide and sulfites >10 mg /kg/l	V vegetarian	
6 blackened	13 with quinine	f soy (-products)	m lupines (-products)	A alcohol	
7 waxed	14 with caffeine	g milk (-products, including lactose)	n mollusks (-products)		EU regulation on the labeling of food